

YOUR COMMUNITY NEWS

Broxbourne

BETTER TOGETHER:

Bereavement group by Co-op Funeralcare, every Thursday from 10am to noon at 35 High Road, Broxbourne EN10 7HX.

Join them for tea, coffee, cake and a supportive chat with their caring and experienced staff.

Buntingford

DEMENTIA SUPPORT: Hertswise offers fun and stimulating activities delivered in a relaxed and friendly environment, for people living with dementia, memory loss or mild cognitive impairment as well as their carers.

At Layston Grove, Keen Avenue, Buntingford SG9 9SU every Friday from 2pm to 3.15pm, £3, no charge for carers, parking available.

To book or for more information call 0300 123 40 44, or just turn up on the day.

Cheshunt

CHARITY CENTRE: The Beaumont Centre in Cheshunt is a unique charity centre providing cheap freshly-cooked meals five days a week for the over-60s.

It also offers bingo, dancing, jazz sessions and art throughout the week, as well as having rooms for hire.

STAY AND PLAY: Baby and toddler group at Tinytoons pre-school, based in the Laura Trott Leisure Centre, takes place every Monday 1.30pm to 3pm.

Call 07508 707153 for more information.

COMBAT LONELINESS: On the last Sunday of the month from 3pm to 4pm at Newgrange Residential Care Home, 82 Cadmore Lane, Cheshunt, EN8 9JX. Free event, soft drinks available.

Go along to this family run home and enjoy the entertainment for over-60s. Build relationships with the residents and staff.

Please call 01992 642 449 to book or email info@newgrange.co.uk

WOMEN'S CLUB: Members of the The Brookland Women's Club, Elm Drive, Cheshunt enjoyed an interesting evening when Mr Frank Bayford former head of pharmacy at Chase Farm Hospital, Enfield, gave a presentation at their October meeting about the Hospital's earlier history as a school.

The new Chase Farm Schools, as it was then known, was opened in March 1886 and funded by the Edmonton Guardians to take poor and orphaned children out of the Edmonton workhouse.

New members always welcome: further details from Jean Hughes on 01992 632328.

Hertford

DEMENTIA SUPPORT:

Hertswise offers fun, stimulating activities delivered in a relaxed and friendly environment, for people living with dementia, memory loss or mild cognitive impairment as well as



Volunteers and supporters past and present enjoying some well earned tea and cake



Elaine Connor (chair of trustees), Margaret Spencer (advice services manager) and Laura Hyde (CEO) cut the cake

80 years of advice

CITIZENS Advice provides free, confidential and independent advice to everyone across England and Wales and this year the organisation has been celebrating its 80th birthday.

To mark the occasion, Citizens Advice East Herts held a special meeting and tea reception in Ware, Buntingford and Sawbridgeworth. Last year Citizens Advice East Herts assisted nearly 6,000 people - around 10 per cent of households in East Herts. It is staffed by 15 employees and by 83 volunteers.

Citizens Advice has long been at the forefront in the provision of free and impartial advice to all and was set up in 1939, the day after the outbreak of the Second World War.

Operating initially from some 200 locations across the country, its advisers were quick to venture out further in a mobile horsebox to areas worst affected by the Blitz in order to help those most in need.

They dealt primarily with problems such as loss of ration books, homelessness, evacuation and locating missing relatives. And debt, still one of the most common queries for Citizens Advice today, quickly became a key issue as income reduced due to call-ups.

East Herts saw its first local Citizens Advice office open in Ware in 1940 but it was 30 years later before additional offices were established in Hertford (in Railway Street) and in Bishop's Stortford with Bunting-

ford (previously an outreach of Royston) becoming an independent bureau in 1991.

Citizens Advice East Herts, as we know it today, was established in 2009 and comprises offices in Hertford (at Wallfields) and in Bishop's Stortford with outreach locations in Ware, Buntingford and Sawbridgeworth.

Last year Citizens Advice East Herts assisted nearly 6,000 people - around 10 per cent of households in East Herts. It is staffed by 15 employees and by 83 volunteers.

As one thankful customer recently said: "They were amazing when our life fell apart - without them I don't think I would be here."

At the celebration Hertford's mayor, Cllr Bolton said: "It gives such useful and sensible advice."

"It was humbling to meet some of the thousands of volunteers who give their time and skills willingly to help and support their community."

"We are fortunate to have such quiet heroes."

As an independent charity Citizens Advice relies on support from the council and local stakeholders. If you'd like to support in any way contact admin@citizensadviceeastherts.org.uk.

And for more details about its services, how to get help or to volunteer, visit citizensadviceeastherts.org.uk

celebration on Saturday, October 19 from 2pm to 4pm.

The afternoon will include; stalls, games, refreshments, tombola, a raffle and much more.

BROWNIES AND RAINBOWS: All ages welcome have a go at something new and fun and to make a difference to girls aged five upwards.

Do you have an hour a week to spare each week? Go along for a trial session to help at a Brownie or Rainbow pack in Ware or Stanstead Abbots.

There are packs every night so you can pick which age group and which night. Call Helen on 01920 462676 or email helen.mhjrpayne@btinternet.com for more information.

ART EXHIBITION: An exhibition of works by Springfield Artists will be on display at Leaside Church and Community Centre, High Street, Ware SG12 9BT on Saturday, October 19 from 10am to 3pm.

Free entry, refreshments available, all welcome.

Waterford

BONFIRE NIGHT: Saturday, November 2, firework display, best guy competition, bar and food.

Tickets are limited, £7 adults, £4 children, under-fives free.

Purchase tickets at the village hall, Waterford residents have preference from 9am to 9.30am. All other sales 9.30am to 12.30pm. First come first served.

WOMEN'S INSTITUTE: Waterford WI are a friendly group who meet in Waterford Village Hall on the first Thursday of every month at 7.30pm.

They usually have a speaker and tea and cake, as well as other events and outings. You are welcome to go along as a visitor, or join up and become part of the national WI body.

Wormley and Turnford

STEEL PAN WORKSHOPS:

All ages welcome from beginner to advance. Promotes teamwork, sharpens concentration, enhances coordination.

At High Tree Childrens Centre, Broxbourne Centre, High Road, Broxbourne EN10 6AE on Mondays from 4.30pm to 5.30pm.

Cost is £2 per session per person. For more information email michal@wtblocal.org or call 07903 390649.

TUESDAY@2 CLUB: The members of the Tuesday@2 Club which meets at Bushby Hall, Wormley on the first and third Tuesday afternoon each month were delighted to welcome the Mayor of Broxbourne, Cllr Steve Wortley to their meeting on October 1.

The informal visit enabled the Mayor to talk to each table and particularly to one member who had a birthday.

Everyone really appreciated that the Mayor had interrupted his regular duties to make the visit.

The next meeting is to be a Harvest Thanksgiving lunch which will be followed by entertainment.

YOUR NEWS

We compile Your Community News pages two weeks in advance of publication. If you want to include a future event please make sure you tell us in plenty of time so our readers can come along

their carers.

At All Saints Church, Queen's Road, Hertford SG13 8AY. Every Tuesday 10am to noon. £5, no charge for carers, parking available.

To book your place or for more information call 0300 123 40 44.

You can also simply turn up on the day.

WEDNESDAY WELCOME: Every week from 2pm to 4.30pm a quiet space with refreshments, newspapers and magazines at St Andrew's Church, St Andrew Street, Hertford.

Call 01992 504373 or visit www.hertstardrews.co.uk for more details.

FALL AWARENESS: From Thursday, October 24 the weekly Falls Awareness classes in St Andrew's church hall at 12.15pm will be run by Dorothy Toyn Physiotherapy.

The classes include a combination of chair based and standing exercises designed to help improve balance, coordination and build muscle strength.

The cost is £5. For more information, and to book your place please call 07887 528431 or email dorothytoynphysio@gmail.com

PARENT SUPPORT: ChatSS is a parent support group for CHIPS, for parents of children with additional needs.

They meet at The Hub, Divot Place, Hamels Drive, Hertford SG13 7SP every third Thursday from 1pm to 2.30pm during term time.

Sessions also include time for parents to chat, refreshments 50p, children welcome.

For further information contact Angela/Jo through the CHIPS office

on 01992 534664, email info@chipsplay.org.uk or visit www.chatss.org.uk

DRAMA WORKSHOPS: Two hours, Sunday mornings, learning about acting in an enjoyable way.

Term time at Hertford Dramatic and Operatic Society Studio Theatre Bentley House, Hertford. Email youngidea@hdos.org.uk for more information.

Hertford Heath

WI MEETING: Hertford Heath WI meets on the second Tuesday of every month at 7.30pm in the Mission Room, Vicarage Causeway.

Go along to find out more.

Hunsdon

BALANCE OF MIND: Pilates class on Mondays from 2pm to 3pm at Hunsdon Village Hall.

Friendly and welcoming class. Pilates helps you achieve a balance of mind and body, plus focusing on stretching and strengthening the whole body to improve balance, muscle strength, flexibility and posture.

For more information or to book a complimentary first class (spaces limited) call Anne at Active Health Pilates and More on 07717 333234 or

email: activehealthpam@gmail.com or visit: www.activehealthpilatesandmore.com

Much Hadham

DRAMA GROUP: Much Hadham Drama Group's next production (its 51st full length play since being established in 1991) will be an amateur performance of Alan Ayckbourn's hilarious masterpiece of tragic comedy Things We Do For Love, to be directed by Margaret Stainton on Thursday, November 14 to Saturday, November 16 at 8pm at Much Hadham Village Hall.

Tickets £9, available from mid-October from the box office by calling 01279842822, by email to nclarke167@aol.com or from Londis, Much Hadham High Street, or visit www.ticketsource.co.uk/much-hadham-drama.group

Roydon

BADMINTON SESSIONS: The Roydon Badminton Club meets on Wednesdays.

New members of all standards including beginners are most welcome.

The club afternoon begins at 2pm until 4.30pm. The club evening begins at 8.15pm until 10pm.

For more information call J Sparks on 01279 793283.

Royston

CHARITY CONCERT: Paddy and Lloyd's charity concert on Saturday, October 19 from 8pm to 10.30pm at The Bull Inn, Royston SG8 9AW. Tickets £8 with proceeds going to Help for Heroes.

Email paddyfindlay@gmail.com or call 07909 705125.

MUSIC NIGHT: North Hertfordshire District Council (NHDC) Chairman Cllr Jean Green has organised a music night to raise money for her nominated charity - Parkinson's UK.

The Music Night will take place on Friday, November 1 from 7pm at The Old Bull Inn, 56 High Street, Royston, SG8 9JS. It will feature an eclectic mix of music including the Royston Town Band, Buntingford Male Voice Choir, Royston Ukulele Orchestra and pop band Just Cruzin.

All money raised will be donated to the North Hertfordshire, Stevenage and Royston Parkinson's UK branches.

SLIMMING WORLD: Thursday evening group with a new consultant from October 24 at King James Academy, Senior Site, Garden Walk

SG8 7JH at 5.30pm and 7.30pm. Call Jacque on 07866 686444 or email jacquieslimmingworld@gmail.com

Rushden

LACE MAKING: Rushden Lace Club meets on the first Monday of the month in the village hall, and all types of lace are made under the expert tuition of Bridget Cook.

Beginners are welcome to join the group, where tea, coffee and biscuits are supplied - although you will need to take your own lunch. For more details call Eva on 01763 288357.

Stanstead Abbots

DEATH CAFE: 'Come and join the conversation' is the strapline for the Death Cafe which meets in the Village Cafe, High Street, Stanstead Abbots on the second Thursday of the month from 2.30pm to 4pm, and the fourth Thursday of the month from 6.30pm to 8pm.

Teas and coffees available to buy, cake and biscuits are provided. It is not a bereavement group, nor a counselling group.

They simply talk about a vast range

of subjects around death and dying when our culture doesn't want to.

There are discussion starter cards if the conversation flags, which it rarely does.

Thurdridge

PHOTOGRAPHIC LECTURE: Ware and District Photographic Society will be hosting a lecture on Wednesday, November 6 by John Hooton, MFIAP, FRPS, FIPF, from Southern Ireland.

John is a distinguished landscape/seascape photographer with over 30 years experience.

The event will take place at the Club's new home, Thurdridge Village Hall, Old Cambridge Road, Thurdridge, Near Ware SG12 OSY from 8pm to 10pm.

Tickets £5 including refreshments. Call 01920 822104.

ANNUAL EXHIBITION: The Ware and District Photographic Society Annual Exhibition will be held on Saturday, November 16 at Thurdridge Village Hall, Old Cambridge Road, Thurdridge, Near Ware SG12 OSY from 10am to 6pm.

The exhibition will be opened by

the Mayor at 11am. There will be over 100 prints together with a similar amount of digital images on display.

It will also include hand embroideries and lacemaking. Admission is free.

The exhibition is open to all members and hope it will inspire people to pick up a camera or smart phone themselves and come along to one of their meetings this season.

Meetings are held every Wednesday from 8pm to 10pm from September to end of May.

Ware

YOUTH THEATRE: A three-hour class for all eight to 18-year-olds held on a Sunday at Leaside Church Hall, Ware.

Sing, act and dance, term time and be part of local theatre productions. Call Julie on 07538 981408 or email youththeatre@dancejamacademy.co.uk

WOMEN'S INSTITUTE: Kingshill WI meet on the fourth Thursday of the month at Age Concern Hall, Priory Street at 7.15pm where you will be welcome to join.

They also go out for lunch and have knit and natter evenings.

ANNIVERSARY CELEBRATION: Pinewood School 100th anniversary